

<p>A child is anyone aged under 18</p> 	<p>All children have these rights</p> 	<p>Adults should do what is best for you</p> 	<p>Your rights must be protected</p> 	<p>Family help you to know your rights</p> 	<p>You have the right to be alive</p> 	<p>You have the right to a name</p> 
<p>An identity that nobody should take away from you</p> 	<p>The right to live with a family that cares for you</p> 	<p>The right to contact with parents if they are in a different part of the world</p> 	<p>Protection from kidnapping</p> 	<p>The right to an opinion</p> 	<p>Right to share what you think with others</p> 	<p>Right to choose your own religion and beliefs</p> 
<p>To set up groups and choose your friends</p> 	<p>Right to privacy</p> 	<p>Right to information</p> 	<p>Right to be raised by your parents (if possible)</p> 	<p>To be protected from harm in mind and body</p> 	<p>Right to care and help if you cannot live with your parents</p> 	<p>Right to care and protection if you are adopted or in foster care</p> 
<p>Special protection if you are a refugee</p> 	<p>Special education and care if you have a disability</p> 	<p>A right to the things that will keep you safe, clean and well</p> 	<p>If you are in care, your living space should be checked regularly</p> 	<p>The right to help if you are in need</p> 	<p>The right to food, clothing and a safe place to live</p> 	<p>A good quality education</p> 
<p>Education that develops your talents and teaches you respect for others</p> 	<p>Practice your own culture, language and religion</p> 	<p>Right to play and rest</p> 	<p>Protection from work that harms you</p> 	<p>Right to protection from harmful drugs</p> 	<p>Right to be free from sexual abuse</p> 	<p>Right to protection from being taken advantage of</p> 
<p>Nobody is allowed to kidnap or sell you</p> 	<p>Nobody is allowed to punish you in a cruel or harmful way</p> 	<p>Right to protection and freedom from war</p> 	<p>Right to help if you have been hurt, neglected or badly treated</p> 	<p>Right to legal help and fair treatment in the criminal justice system</p> 	<p>Laws from the country you reside protect you</p> 	<p>You have the right to know your rights</p> 